

THE IXORA  
— SPA —



*You are truly free, when you decide to*  
**Let Go.**

The lives we lead leave us with no time for ourselves. Every once in a while, letting go of the hectic lifestyle and leaving the city behind can be a truly rejuvenating experience. That's what we offer patrons at The Ixora Spa. Indulge in your choice of therapeutic Thai treatments and feel the stress melt away from every fibre of your body. At The Ixora Spa, we promise a near spiritual experience that will leave you feeling invigorated.



# ESSENCE OF THE IXORA SPA \*\*\*\*\*

Calm your mind and draw in the serenity of your surroundings. Allow our therapist to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Spa sessions also include calm time. Enjoy the difference.

## **DUET**

120-minute treatment & 30-minute refreshments, bath and relaxation

### **Room For Two**

#### **For Her**

- 30-minute flower body polish
- 90-minute body massage

#### **For Him**

- 30-minute jasmine frangipani body polish
- 90-minute body massage

Spa Tip: Be pampered by a series of spa treats.

## **AYU-REVERIE**

120-minute treatment & 30-minute refreshments and relaxation

### **Back To Traditions**

- 60-minute Ayurvedic massage
- 30-minute Indian head massage
- 30-minute cumin sesame body polish

Spa Tip: Benefit from 5,000 year old Ayurvedic traditions with an inspiring body massage, followed by a head massage on the key pressure points of your scalp to clear your mind.

## **GLOW**

90-minute treatment & 30-minute refreshments and relaxation

### **Wear Radiance Like A Second Skin**

- 30-minute body polish
- 60-minute body massage

Spa Tip: Personalise your spa package with your choice of body polish and massage combo to create a healthy glow.



# SPA FOR HER \*\*\*\*\*

Calm your mind and draw in the serenity of your surroundings. Allow our therapist to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Spa sessions also include calm time. Enjoy the difference.

## PEACE

120-minute treatment & 30-minute refreshments and relaxation

### Cloud Of Contentment

- 60-minute body massage
- 60-minute facial

Spa Tip: For true peace of mind, drift away as the therapist works wonders.

## GLAMOUR

90-minute treatment & 30-minute refreshments and relaxation

### Not All Diamonds Give You Bling

- 30-minute body polish
- 60-minute body massage

Spa Tip: Personalise your spa package with your choice of body polish and massage combo to create a healthy glow.



# SPA FOR HIM

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Calm your mind and draw in the serenity of your surroundings. Allow our therapist to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Spa sessions also include calm time. Enjoy the difference.

## EXPRESSIONS

120-minute treatment & 30-minute refreshments and relaxation

### Wake Up Call

- 60-minute body massage
- 60-minute facial

Spa Tip: A choice of body massages and facials make for the ideal combination to wake you up.

## SPRINT

120-minute treatment & 30-minute refreshments and relaxation

### Real Men Pay Attention To Details

- 90-minute body massage
- 30-minute foot massage

Spa Tip: This intensely relaxing experience is all you need to face the world.



# BODY MASSAGES



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## SIGNATURE

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### **GOLKONDA**

90-minute treatment & 30-minute refreshments and relaxation

#### **Our Gift To You**

*Spa Tip:* A signature massage created exclusively for The Ixora Spa, to work on your body's key pressure points to strengthen your inner qi or energy.

### **FUSION**

60-minute treatment & 30-minute refreshments and relaxation

90-minute treatment & 30-minute refreshments and relaxation

#### **Cuisine For The Soul**

*Spa Tip:* A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility.

## CLASSIC

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### **AROMA THAI**

90-minute treatment & 30-minute refreshments and relaxation

#### **Thai Fusion**

*Spa Tip:* Adapted from a traditional Thai massage, the oil used for this massage improves blood circulation and mobility as well as relieves tension.

### **AYURVEDIC**

60-minute treatment & 30-minute refreshments and relaxation

#### **The Healing Touch**

*Spa Tip:* Ease aches and tension while promoting blood circulation through the smooth and relaxing movements of this treatment. Palm strokes are used with sesame oil for this massage.

### **DEEP TISSUE MASSAGE**

90-minute treatment & 30-minute refreshments and relaxation

#### **Renewed Vitality**

*Spa Tip:* A strong massage, focusing on the back, shoulders and head which stimulates deep into the muscles.

## SOOTHING

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### DREAMS

60-minute treatment & 30-minute refreshments and relaxation

90-minute treatment & 30-minute refreshments and relaxation

### Perfect For Jet Lag

Spa Tip: Created specially for tired and worn-out bodies, this calming massage soothes tense muscles using warm sesame oil.

### RHYTHMIC

60-minute treatment & 30-minute refreshments and relaxation

### Must Try For Mothers-To-Be

Spa Tip: For mothers-to-be or those who prefer to lie on their side, this nurturing massage is a good choice. Our therapist will use gentle strokes and a rice flour pouch dipped in warm clarity oil.



## ON THE SPOT

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### BACK ENERGY

30-minute treatment & 30-minute refreshments and relaxation

### Perfect For Jet Lag

Spa Tip: Iron out aches and tension in the back with this medium to strong pressure massage.

### FOOTLOOSE

30-minute treatment & 30-minute refreshments and relaxation

### Sole To Soul

Spa Tip: Step out with happier feet after an energizing foot massage.

### HEAD & SHOULDERS

30-minute treatment & 30-minute refreshments and relaxation

### Tension Relief

Spa Tip: Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.

### INDIAN HEAD MASSAGE

30-minute treatment & 30-minute refreshments and relaxation

### Clear Headed

Spa Tip: After a hard day's work, clear your mind with this massage to relax and remove fatigue caused by mental stress.

# FACIALS

Calm your mind and draw in the serenity of your surroundings. Allow our therapist to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Spa sessions also include calm time. Enjoy the difference.

## **EXCLUSIVELY GOLKONDA**

90-minute treatment & 30-minute refreshments and relaxation

### **Plump Up the Volume - For all skin types**

Spa Tip: A unique skin therapy that stimulates cellular metabolism to plump up fine lines, improve elasticity and restore natural brilliance to firmer skin. The revitalizing treatment includes a soothing back and shoulders massage to induce deep relaxation and soothe muscular tension.

## **AGE DEFYING**

60-minute treatment & 30-minute refreshments and relaxation

### **Beat the Clock - For matured skin**

Spa Tip: Combat the visible signs of ageing with this anti-ageing treatment that uses an innovative botanical extract infused with ice-cold cryotherapy benefits to “melt” away fine lines.

## **DEEP MARINE PURIFYING**

60-minute treatment & 30-minute refreshments and relaxation

### **Pure As Snow - For oily skin**

Spa Tip: This deep-cleansing purifying treatment detoxifies and includes massage techniques to soothe, calm and rebalance the epidermis for a youthful look.

## **HYDRA EXPRESS**

60-minute treatment & 30-minute refreshments and relaxation

### **Radiance In A Flash - For normal or combination skin**

Spa Tip: Soak in the goodness of this skin replenishing facial that instantly adds moisture and brings luminosity back to your complexion.

## **SOOTHING REMEDY**

60-minute treatment & 30-minute refreshments and relaxation

### **Skin’s Best Friend - For sensitive skin**

Spa Tip: Ideal for sensitive and sun-damaged skin, choose this anti-inflammatory and calming facial that features soothing aromatic extracts to nourish delicate skin and restore skin equilibrium.

## **MIRACLE EYES TREATMENT**

30-minute treatment & 30-minute refreshments and relaxation

### **Eyes Want To Be Gorgeous**

Spa Tip: An anti-ageing treat with ice-cold cryotherapy benefits for eye contouring. This specialized treatment hydrates and focuses on delicate areas around the eyes with lifting techniques to reduce dark circles and puffiness.



# ESSENTIAL PAMPERING \*\*\*\*\*

The key essentials to relax and pamper your hands and feet, leaving them rejuvenated.

## DELICATE HANDS

90-minute treatment

### Pearly Sheen

Spa Tip: Give your hands a decadent treat with nail cleansing, trimming and shaping, followed by an oatmeal and olive oil conditioning mask and a massage. Your hands will feel smooth and polished.

## TENDER FEET

90-minute treatment

### Stepping Out In Style

Spa Tip: Your nails are cleaned, trimmed and shaped to prepare your feet for an exfoliation, followed by an effective conditioning mask to soften those neglected soles. A foot massage completes this relaxing treat, leaving your feet looking delicately beautiful.

## HAND PARAFFIN

90-minute treatment

### Hand Essence

Spa Tip: All the essence of a paraffin dip, this therapy comes complete with beautifully painted or buffed nails.

## FOOT PARAFFIN

90-minute treatment

### Glamorous Feet

Spa Tip: Step out in style with a paraffin dip to soften the feet and round off with beautifully painted or buffed nails.



# BODY POLISHES (PART OF PACKAGE) \*\*\*\*\*

Choose your favourite body polish to complete a pampering spa experience. All body polishes are not available individually.

## **ALMOND CINNAMON LUSTRE**

For all skin types

### **Bring Out The Shine**

Spa Tip: Highly recommended if you have had a day out in the sun and if your skin is in need of gentle pampering to bring back its lustre.

## **HONEY SESAME**

For normal or dry skin

### **As Sweet As Honey**

Spa Tip: Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.

## **JASMINE FRANGIPANI**

For oily skin

### **Flowery Scent**

Spa Tip: Smell your floral best and show off sparkling skin after this treatment.

## **OATMEAL BANANA**

For dry or normal skin

### **Wholesome Delight**

Spa Tip: Go for this banana and oatmeal scrub for a nourishing treat.

## **ORANGE CARROT**

For all skin types

### **Fresh Goodness**

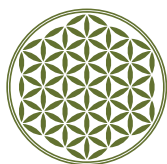
Spa Tip: A cocktail of goodness filled with Vitamins A and C, antioxidants and minerals to revive tired skin.

**To make an appointment with a  
Therapist, kindly reach out to us  
at Extension 628/621**

**Ixora Spa Timings:  
8 AM - 8 PM**

**Prior booking is mandatory.**

Kindly note that all Ixora Spa treatments, except hand and foot treatments, have an additional 30-minute calm time, which comprises a welcome foot wipe and post-treatment refreshments & relaxation. Enjoy the difference. Taxes applicable as per government directive.



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